



GET BACK IN THE GAME

HOW TO COMEBACK FROM A SETBACK

EPISODE 5: COMING BACK WHEN YOU'RE EMOTIONALLY DRAINED

MIDTOWNE CHURCH • SEPTEMBER 8, 2019

WHEN YOUR SETBACK LEAVES YOU EMOTIONALLY DRAINED...



1. YOU LISTEN TO _____.

Elijah was afraid and he fled for his life. [1 Kings 19:3a NLT](#)

2. YOU _____ YOURSELF.

He went to Beersheba, a town in Judah, and he left his servant there. [Kings 19:3b NLT](#)

3. YOU MAKE _____.

Then he went on alone into the wilderness, traveling the day. [1 Kings 19:4a NLT](#)

4. YOU SAY _____.

He sat down under a solitary broom tree and prayed that he might die. "I have had enough, Lord," he said. "Take my life, for I am no better than my ancestors who have already died." [1 Kings 19:4b NLT](#)

KEYS TO SUCCESS

SEARCH FOR THE _____.

ASK THE _____ AND THE _____ _____ GOD'S _____.

But true wisdom and power are found in God; counsel and understanding are his. [Job 12:13 NLT](#)

4. REMAIN _____.

His wife said to him, "Are you still trying to maintain your integrity? Curse God and die." But Job replied, "You talk like a foolish woman. Should we accept only good things from the hand of God and never anything bad?" So in all this, Job said nothing wrong. [Job 2:9-10 NLT](#)

When Job prayed for his friends, the Lord restored his fortunes. In fact, the Lord gave him twice as much as before! [Job 42:10 NLT](#)



SO WHAT?

I had only heard about you before, but now I have seen you with my own eyes. Job 42:5 NLT

_____ IN LIFE SETUP
_____ IN LIFE SO YOU CAN
_____ IN YOUR LIFE LIKE
_____ IN YOUR LIFE.



POST GAME ANALYSIS

1. WHEN YOU HEAR THE STORY OF JOB, WHAT ARE YOUR INITIAL THOUGHTS?
2. HOW DO YOU THINK YOU WOULD HAVE HANDLED THE HORRIBLE SETBACK JOB FACED?
3. WHAT DO YOU THINK ABOUT EXPRESSING HOW YOU FEEL WHEN YOU FACE A HORRIBLE SETBACK? IS THAT SOMETHING YOU CAN DO EASILY? DO YOU THINK GOD IS OK WITH THAT?
4. WHAT ARE SOME THINGS THAT WE CAN LEARN AS WE GO THROUGH AN IMPOSSIBLE COMEBACK? WHAT DO YOU THINK IS THE MOST IMPORTANT THING WE SHOULD LEARN FROM JOB'S STORY?
5. HOW IMPORTANT IS IT TO STICK WITH GOD THROUGH AN IMPOSSIBLE COMEBACK? IS THAT DIFFICULT OR EASY FOR YOU?
6. WHAT WILL YOU DO THIS WEEK TO HELP YOU MAKE AN IMPOSSIBLE COMEBACK?