



# THINK ABOUT IT

**CHANGING YOUR MIND  
ABOUT HOW YOU THINK**

10.27.19



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## CHANGING YOUR MIND ABOUT HOW YOU THINK

### The Power of Your Mind

#### TO TAKE CONTROL OF MY THOUGHTS I MUST...

1. Start by \_\_\_\_\_ my \_\_\_\_\_.

*And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. Philippians 4:8 NLT*

If your Life is \_\_\_\_\_, \_\_\_\_\_ the \_\_\_\_\_ you  
\_\_\_\_\_.

2. \_\_\_\_\_ the \_\_\_\_\_ in my \_\_\_\_\_.

#### TWO WEAPONS

a. God's \_\_\_\_\_

*Those who are dominated by the sinful nature think about sinful things, but those who are controlled by the Holy Spirit think about things that please the Spirit. 6 So letting your sinful nature control your mind leads to death. But letting the Spirit control your mind leads to life and peace. Romans 8:5-6 NLT*

b. God's \_\_\_\_\_

*...and take the sword of the Spirit, which is the word of God. Ephesians 6:17b NLT*

Controlling your Thoughts is a \_\_\_\_\_ you \_\_\_\_\_  
\_\_\_\_\_!

3. \_\_\_\_\_ like \_\_\_\_\_.

*Now repent of your sins and turn to God, so that your sins may be wiped away. 20 Then times of refreshment will come from the presence of the Lord, and he will again send you Jesus, your appointed Messiah. Acts 3:19-20 NLT*

\_\_\_\_\_ + \_\_\_\_\_ = \_\_\_\_\_

## SO WHAT?

*Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect. Romans 12:2 NLT*

**You will** \_\_\_\_\_

**when you** \_\_\_\_\_.

### Think About It and Talk About It

1. How do your Thoughts Affect your Life?
2. How Easy or Difficult is it for you to Control your Thoughts?
3. Why is it so Important to Control your Thoughts?
4. What are some things you can do to help you Control your Thoughts?
5. What did you learn from the message this week that can help you Control your Thoughts?
6. What will you do this week to Control your Thoughts?