

The background is a deep purple with a marbled, swirling texture. A large, thin black 'X' is superimposed over the entire image, intersecting at the center.

COMMUNION

DO THIS IN REMEMBRANCE

MIDTOWNE CHURCH · 09.06.20

HOW DOES COMMUNION HELP US OVERCOME FEAR?

1. When I Remember that Jesus _____, I don't have to Fear _____.

I have written this to you who believe in the name of the Son of God, so that you may know you have eternal life. 1John 5:13 NLT

Because God's children are human beings—made of flesh and blood—the Son also became flesh and blood. For only as a human being could he die, and only by dying could he break the power of the devil, who had the power of death. Only in this way could he set free all who have lived their lives as slaves to the fear of dying. Hebrews 2:14-15 NLT

2. When I Remember that Jesus _____ the _____ for my _____, I don't have to Fear _____.

I tell you the truth, those who listen to my message and believe in God who sent me have eternal life. They will never be condemned for their sins, but they have already passed from death into life. John 5:24 NLT

For God made Christ, who never sinned, to be the offering for our sin, so that we could be made right with God through Christ. 2 Corinthians 5:21 NLT

We know how much God loves us, and we have put our trust in his love. God is love, and all who live in love live in God, and God lives in them. And as we live in God, our love grows more perfect. So we will not be afraid on the day of judgment, but we can face him with confidence because we live like Jesus here in this world. Such love has no fear, because perfect love expels all fear. If we are afraid, it is for fear of punishment, and this shows that we have not fully experienced his perfect love. 1John 4:16-18 NLT

3. When I Remember that Jesus _____ the _____ _____ to me, I don't have to Fear what _____ _____ at me.

I am telling you these things now while I am still with you. But when the Father sends the Advocate as my representative—that is, the Holy Spirit—he will teach you everything and will remind you of everything I have told you. John 14:25-26 NLT

And I am convinced that nothing can ever separate us from God's love. Neither death nor life, neither angels nor demons, neither our fears for today nor our worries about tomorrow—not even the powers of hell can separate us from God's love. Romans 8:38 NLT

SO WHAT?

But when I am afraid, I will put my trust in you. Psalms 56:3 NLT

_____ what _____ has _____
for _____ helps me _____ the _____ that's
_____ me.

DISCUSSION QUESTIONS

1. What is your greatest Fear?
2. What do you think the difference is between being Fearful and being Careful?
3. How has the current cultural climate of fear impacted your life?
4. What is your favorite thing about Communion?
5. How Does Remembering what Jesus has done for us help you deal with your fear?
6. Of the three things we talked about today, which one is the most helpful for you in dealing with your fears?
7. What is one specific thing you can do this week to help you overcome your fear?